

# Sports Bar

at Stoke by Nayland

## Breakfast menu - Served 7am – 11:30am

### Baps & Sandwiches (GFA)(DFA)

Havensfield Free-Range fried egg (V)(E)	£3.70
Bacon (S)	£4.40
Bacon and egg (S)(E)	£4.95
Procter's of Ipswich award winning Cumberland Sausage (S)(G)	£5.30
Bacon and sausage (S)(G)	£5.95
Bacon, sausage and egg (S)(G)(E)	£6.50

### On Toast – 2 slices (GFA)(DFA)

Buttered toast (G)(M)	£1.50
Guacamole on toast (VG)(G)	£2.75
Guacamole with 2 slices of bacon (VG)(G)(S)	£5.20
Two eggs on toast (G)(S)(E)	£3.95
Two eggs with bacon (G)(S)(E)	£6.30
Add beans (G)	£5.30

(Eggs - choose from poached, scrambled (M) or fried)

### Porridge (GFA)(DFA)

Plain	£2.60
Tiptree strawberry Jam	£2.75
Nutella (N)(M)(SY)	£2.75
Honey	£2.75
Banana and maple syrup	£2.75
Drambuie and light brown sugar	£4.75

### 9 Hole (GFA)

Two rashers of bacon, sausage, fried egg, baked beans (G)(E)(S)	£7.25
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### 18 Hole (GFA)

Two rashers of bacon, sausage, fried egg, baked beans, flat mushroom, grilled tomato, hash brown and toast (S)(E)(G)	£11.40
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### The Brekkie Wrap

Bacon, sausage, scrambled egg, hash brown (G)(GFA)(E)(S)(M)	£7.00
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### Build your own

Toast (VG)(VGA) 1 slice and butter (M)(GF)(GFA)	£0.75
Toast (VG)(GF) 2 slices with butter (M)(GF)(GFA)	£1.50
Tomato (VG)(GF)	£1.10
Baked beans (VG)(GF)	£1.30
Hash brown (VG)(GFA)	£1.20
Back bacon (GF)(S) 2 slices	£2.50
Cumberland sausage (VGA)(GFA)(G)(S)	£2.15
Scrambled egg (E)(V)(GF)	£1.95
Fried egg (E)(V)(GF)	£1.30
Poached egg (E)(V)(GF)	£1.30
Homemade black pudding (G)(S)	£1.50
Field mushroom (VG)(GF)	£1.10
Waffle (V)(G)(SY)(E)(M)	£2.60

### Waffles

2 waffles with:

Maple syrup (V)(G)(SY)(E)(M)	£6.50
Banana (V)(G)(SY)(E)(M)	£7.00
Bacon (V)(G)(SY)(E)(M)(S)	£7.50

### Teacake

Toasted teacake with butter and Tiptree jam (V)(G)(M)(E)	£4.50
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V = Vegetarian GF = Glutenfree VG = Vegan DF = Dairyfree GFA = Glutenfree available DFA = Dairy free available VGA = Vegan available S = Sulphites N = Nuts SS = Sesame SY = Soya E = Egg F = Fish C = Celery M = Milk CR = Crustacean NFA = Nut free available P = Peanuts MO = Molluscs MU = Mustard G = Gluten

Members receive a 20% discount on food