LIGHT LUNCHES

Caesar Salad

With either Cajun chicken
or flaked poached salmon *(5)*
(2,4,7)(GFA)(DFA)

Prawn & Avocado Salad

Thousand Island citrus cocktail sauce,
brown bread & butter
(2,3,4,7)(GFA)(DFA)

Spa Ploughman's

Baked baguette, balsamic pickled onions,
baby artichokes, sun-blushed tomatoes,
celery sticks, Boxford Farms apple & apricot
chutney *(1,2,14)(GFA)(VGA)(DFA)*

With either:
Cornish Yarg and brie cheeses *(7)*
or
Smoked honey roasted ham *(4,12)*

V = Vegetarian VG = Vegan VGA = Vegan Available
GF = Gluten Free GFA = Gluten Free Available DF = Dairy Free DFA = Dairy Free Available S = Sulphites N = Nuts
NFA = Nut Free Available SS = Sesame SY - Soya E = Egg
F = Fish C = Celery M = Milk CR = Crustacean
P = Peanuts MO = Molluscs MU = Mustard G = Gluten